



Where learning becomes a real-life adventure

School Trip Information Pack

Half & Full Day Trips

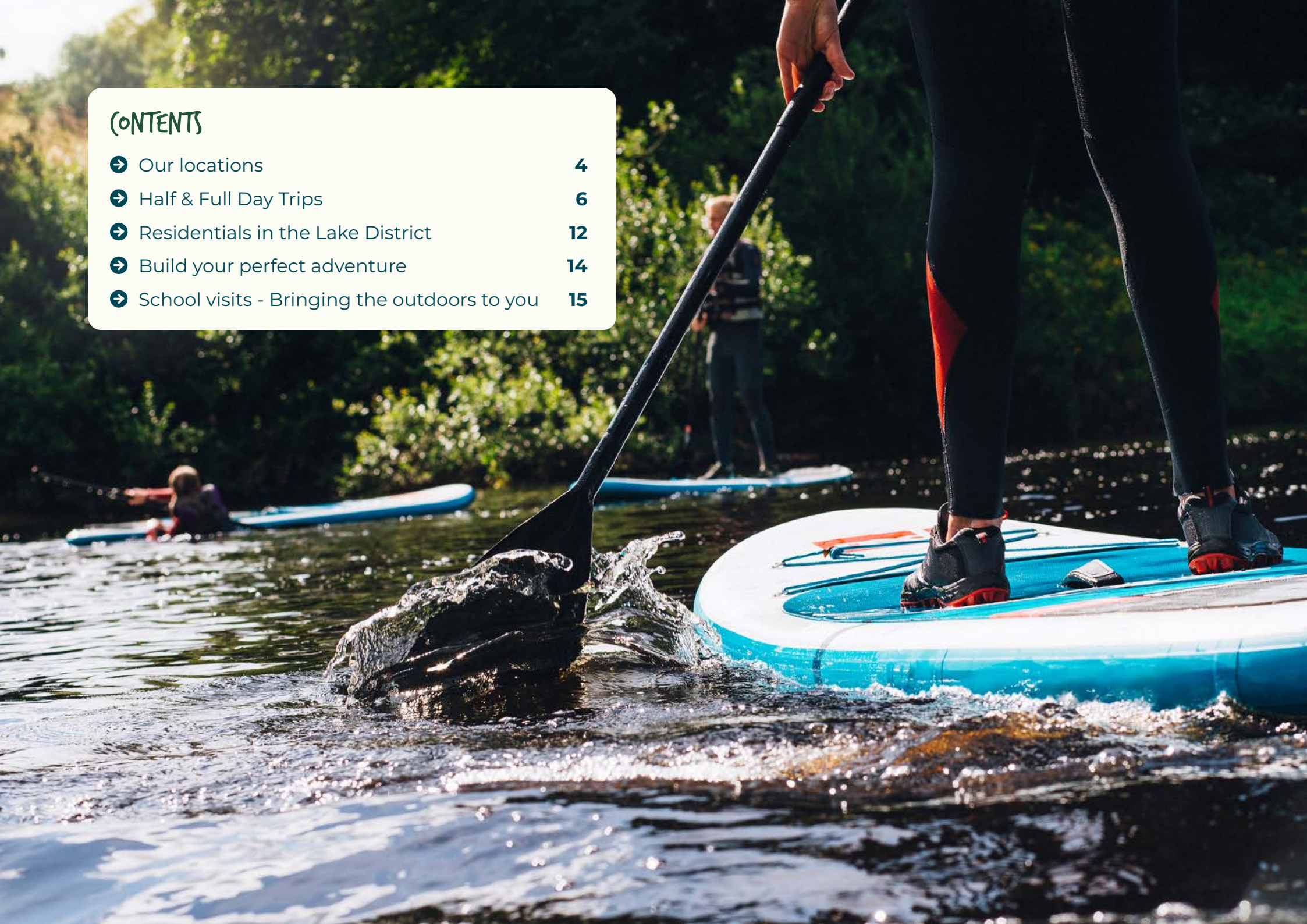
Residential Stays

School Visits

**BE WELL
OUTDOORS**
WHERE ADVENTURE AWAITS

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Be Well Outdoors has been helping young people discover and explore a passion for the great outdoors for generations.

Owned by Wigan Council, we operate to the highest levels of safety and standards and are committed to delivering the very best health, wellbeing and environmental outcomes for all.



WHY CHOOSE BE WELL OUTDOORS?

- ➔ Leading north west outdoor education provider
- ➔ Qualified and friendly instructors
- ➔ 25 years of experience
- ➔ Stunning water and woodland locations in the north west
- ➔ Tailored, affordable packages
- ➔ Local authority owned and operated
- ➔ Dedicated team to take care of your booking
- ➔ Range of activities to support a well-rounded curriculum



Our locations

Choose from a wide variety of thrilling outdoor experiences across our three stunning north west locations. From high and low rope courses, bushcraft, team-bonding and woodland activities to water sports and land activities such as kayaking, paddle boarding, rock climbing and ghyll scrambling.

Filled with fresh air and fun, our action-packed itineraries are affordable and provide wonderful opportunities for outdoor learning and experiences that build character, confidence and trust.





LOW BANK GROUND

Low Bank Ground Activity Centre,
Coniston, LA21 8AA



HAIGH HIGH ROPES & ADVENTURE

Haigh Woodland Park, Haigh, Wigan, WN2 1PE



SCOTMAN'S FLASH

Rushdene, off Poolstock Lane in
Worsley Mesnes, Wigan, WN3 5HJ



Half & Full Day Trips

Our half and full day itineraries are packed with adventure and can be tailored to meet your school's specific learning objectives.

We'll work with you to build a package to suit your budget and class curriculum needs.

All our locations can accommodate day trips, with two of them being just a stone's throw away from Wigan Town Centre.

The following pages offer an insight into what each of our exciting locations can offer your school.

To find out more about our day trips contact our dedicated team on wigan@bewelloutdoors.co.uk or call **01942 705709**.





”

We've been using the facilities at Scotman's Flash and Haigh for several years. The children love the variety of experiences they get from taking part in these visits. We've done canoeing, paddle boarding, kayaking, used the high ropes, and archery... these are just some of the many activities we've taken part in. The staff are wonderful! They are very experienced; they know how to get the best out of the children and encourage the less confident children to have a go. We hope to continue using these facilities for many years to come.

”

Mrs Livesey

St John's CE Primary School,
Pemberton, Wigan



HAIGH HIGH ROPES & ADVENTURE

At the heart of Haigh Woodland Park you'll find our exhilarating sky-high adventure ropes courses and woodland activity hub.

➔ High & Low Ropes Course

With 20 fun obstacles to overcome, our ropes courses provide the opportunity for pupils to challenge themselves and face their fears as they make their way around the course!

LOW ROPES COURSE

Our course is designed for young adventurers. With 9 fun obstacles to overcome, this action-packed course will build confidence and resilience ahead of the taking it to the next level on our high ropes course!



Minimum age – 5 years



Minimum height – 1.1m

HIGH ROPES COURSE

With 11 obstacles to complete, our high ropes course is designed to challenge and excite even the most adventurous thrill-seeker ahead of facing the exhilarating finale of our 40-metre zip wire!



Minimum age – 8 years



Minimum height – 1.2m

➔ Woodland Activities

Learning outside the classroom has many benefits for young people and is a proven way to support their personal development, health and wellbeing. Our team can deliver a wide range of on-the-ground activities to help build confidence and encourage collaboration, team bonding and communication.

ACTIVITIES INCLUDE:

- ➔ Bushcraft experiences
- ➔ Problem solving
- ➔ Natural arts and crafts
- ➔ Den building
- ➔ Fire lighting
- ➔ Bug hunting & pond dipping
- ➔ Nature walks

A TYPICAL DAY AT HAIGH

10:00 – 12:00

Low and High Ropes Courses

Your class will experience the thrilling highs of our rope courses including fun and challenging obstacles along the way!

12:00 – 12:30

Lunch

Time to re-fuel! Bring a packed lunch, or we can provide contact details for onsite catering outlets who could provide food for you.

12:30 – 14:30

Den Building & Fire Lighting

Classmates gather in our Woodland Hub to learn essential skills with the help of our woodland experts. Picking up new skills and sitting around the campfire makes a great end to the day!





SCOTMAN'S FLASH



Just 10 minutes from Wigan Town Centre you'll find our Lakeside Hub overlooking the beautiful waters of Scotman's Flash.

Our friendly, qualified team will deliver a day to remember, building your class's confidence on water in a fun and safe environment. All our activities are suitable for beginners and promote team-building, communication and personal development, on and off the water.

ACTIVITIES INCLUDE:

- Kayaking
- Sailing
- Rafted canoeing
- Canoeing
- Stand up paddleboarding
- Raft building
- Bell boating
- Climbing wall
- Problem solving

A TYPICAL DAY AT SCOTMAN'S FLASH

Based on a class of 30

10:00 – 10:30

Team welcome and get kitted up!

10:30 – 11:45

Group 1 - Kayaking

Group 2 - Stand up paddleboarding

Group 3 - Rafted canoeing

11:45 – 12:30

Group 1 - Rafted canoeing

Group 2 - Kayaking

Group 3 - Stand up paddleboarding

12:30 – 13:15

Lunch

Time to re-fuel! Bring a packed lunch to enjoy outside on our picnic tables (weather permitting) or inside our on-site classroom.

13:15 – 14:30

Group 1 - Stand up paddleboarding

Group 2 - Rafted canoeing

Group 3 - Kayaking

14:30 – 15:00

Change and depart



LOW BANK GROUND

Day trip packages at Low Bank Ground are an increasingly popular option for schools and groups.

Yew Tree Lodge is our dedicated day centre that can be used as your base throughout your trip, and we'll design an jam-packed activity itinerary to suit your needs!

A TYPICAL DAY AT LOW BANK GROUND

10:00 – 10:30

Team welcome and get kitted up!

10:30 – 12:15

Kayaking on Lake Coniston

12:15 – 12:45

Lunch

Time to enjoy lunch with views of Old Man Coniston. Catering available or bring your own.

13:00 – 15:00

Problem solving activities



Residentials in the Lake District

Nestled on the shores of Lake Coniston, Low Bank Ground offers a unique experience of being surrounded by nature that many children may not have had the chance to enjoy before.

Our 3 & 5 day school residential packages provide high-quality outdoor learning experiences in an exciting and stimulating environment for KS1 and KS2 students.

Each day will be filled with adventure, starting with a hearty breakfast followed by morning activities. Then, after a short break for lunch, it's onto the second activity of the day before finishing for your evening meal. We can also provide evening activities including hot chocolate around the campfire with games – rest assured, it's an experience they'll never forget.



People with disabilities and other conditions

Jack's Room is our fully accessible complex needs facility boasting two profile beds and a fully-equipped hygiene suite. For more information on Jack's Room and accessibility around the site please reach out to the team.



Wholesome, healthy meals

Our school residential stays are fully catered – our dedicated on-site chef will prepare healthy, wholesome meals including breakfast, lunch, dinner and snacks.

We give young people a taste of adventure and not just when it comes to our activities. We're passionate about providing good quality meals but always try to serve up new and exciting dishes each week for the children to try!





Build your perfect adventure

To help you build your perfect adventure, here's an overview of our full range of activities and the locations where these can be delivered!

Key



Scotman's Flash



Haigh High Ropes & Adventure



Low Bank Ground

Activity name	Scotman's Flash	Haigh High Ropes & Adventure	Low Bank Ground
Adventure ropes course	-	✓	-
Axe throwing	✓	✓	✓
Bell boating	✓	-	-
Bug hunting (mini beast)	-	✓	✓
Bushcraft	-	✓	✓
Climbing wall	✓	✓	✓
Full archery	✓	✓	✓
Fun boat sailing	✓	-	✓
Ghyll scrambling	-	-	✓
Hill walking	-	-	✓
Kayaking	✓	-	✓
Natural arts & crafts	✓	✓	✓
Orienteering	-	✓	✓
Pond dipping*	-	✓	✓
Problem solving activities	✓	✓	✓
Raft building	✓	-	✓
Rafted canoeing	✓	-	✓
Rock climbing	-	-	✓
Sailing	✓	-	✓
Soft archery	✓	✓	✓
Stand up paddle boarding	✓	-	✓

*Weather permitting



School Visits – Bringing the outdoors to you

We're on a mission to deliver outdoor education to as many children as possible - and whatever your school's budget, we'll make it work.

Our natural environment is an amazing learning resource we should all have access to... but we also understand that everyone has a budget. So, when getting out into nature isn't possible, we do our best to bring nature to you - creating one-off and longer-term in-school programmes delivered by our expert instructors.

MOBILE CLIMBING WALL

Our portable 8m mobile climbing wall is available to hire throughout the north west†. It features four varying climbs, ranging from beginner to more difficult with an auto-belay system. It comes with everything you'll need including two instructors, harnesses and helmets.

†We may need to carry out a site visit to ensure accessibility and suitability. Travel expenses may apply.



Speak to one of our friendly team members today to plan your school's next adventure!

Our team of experts are here to help build your perfect adventure and we understand that each trip will have different requirements. We can build a bespoke package to suit your needs and budget.

 wigan@bewelloutdoors.co.uk

 01942 705709



Part of



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